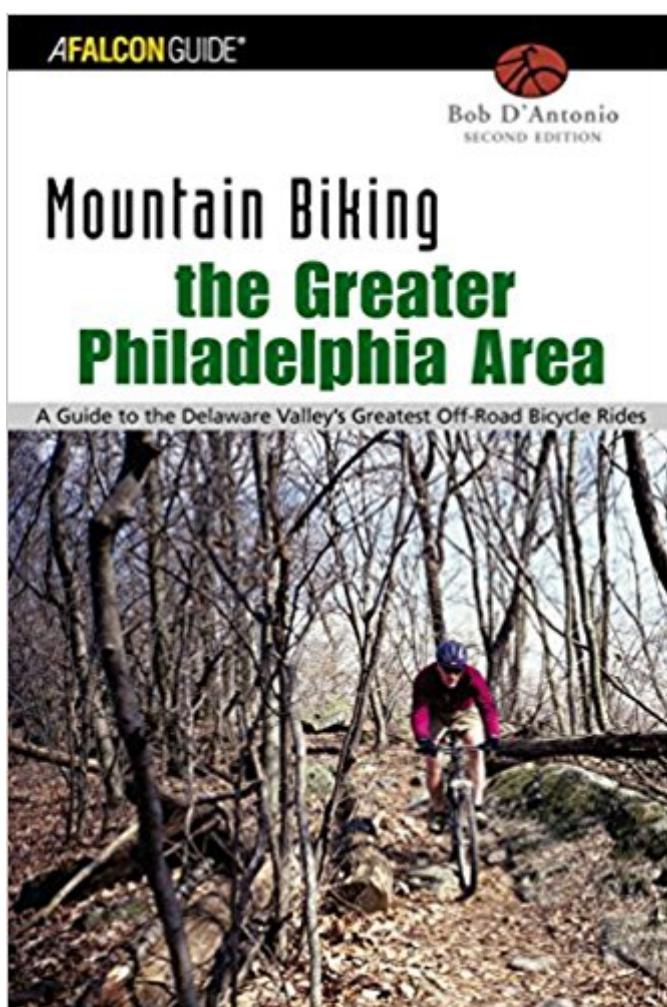


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Mountain Biking The Greater Philadelphia Area, 2nd: A Guide To The Delaware Valley's Greatest Off-Road Bicycle Rides (Regional Mountain Biking Series)





Synopsis

This is a comprehensive guide to the Delaware Valley's greatest off-road bicycle rides, featuring more than 40 rides in Philadelphia, Jim Thorpe, New Jersey, and Northern Delaware.

Book Information

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Customer Reviews

Pump up the tires, grab your helmet, and get ready to enjoy the best mountain biking that the Greater Philadelphia area has to offer. Philadelphia native and veteran mountain biker Bob D'Antonio outlines forty-four rides, from scenic cruising trails to heart-pumping, bone-jarring singletrack, each within 75 miles of the city. Explore historic townsites, Revolutionary War encampments, and gristmills near the heart of downtown Philadelphia. Pedal through dense forests and enjoy fast downhills on challenging rides in the western Delaware Valley. Discover excellent singletrack, rugged terrain, and scenic overlooks around Jim Thorpe. Packed with insider tidbits about the area's rich history, attractions, and wildlife, this volume is more than just a trail guide. Inside you'll find: • detailed ride descriptions • trip distances and approximate riding times • easy-to-read maps • ratings for technical difficulty Wherever you ride and whatever your skill level, let Mountain Biking the Greater Philadelphia Area be your guide to some of the East Coast's finest off-road rides.

Bob D'Antonio was born and raised in Southwest Philadelphia. A well-known rock climber with over 700 first ascents throughout the United States and a mountain biker since 1982, he is the author of

three rock climbing guides and three other mountain bike guides for different areas in Colorado. He spends his life living between Philadelphia, Pennsylvania and Louisville, Colorado.

I've done one mountain bike trail from this book and am familiar with one of the others from hiking. I found the descriptions to be accurate. For example for my trail it said expert riders will spend most of the day in their middle chain ring. I'm a beginner rider and spent most of the day on the first (smallest) chain ring. So it gave an accurate view of the steepness/hilliness of the trail. I also like the elevation map with mile markers. And finally I appreciate the restaurant recommendations.

Overall the book is well done. It provides directions to each location, some history, parking information, and a good overview. The trail description is broken down by landmarks and it describes the terrain that will be encountered during the ride. For each trail, there is a chart showing elevation change and this really gives you a sense of how challenging or easy rides are going to be. A map of each trail is also included. There is also a good mix of easy, moderate, and challenging (technical) trails. My only negative comment about the book is the nice trails in the Philadelphia area that were not included: Green Lane (Red trail), Core Creek Park, Mercer County Park, Clayton Park, and Idlewood. Maybe some of these will be included in the next edition?

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